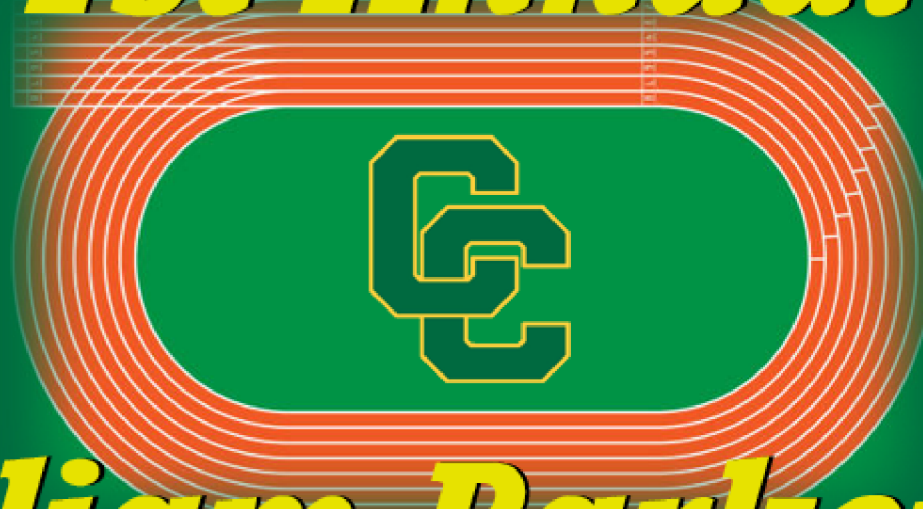


1st Annual



William Parkerson Speed Camp

JUNE 3 - JULY 24

**Mondays &
Wednesdays**

12 P.M - 1 P.M.

** No Workout Wednesday, July 17th*

All Incoming 4th - 8th Graders (Co-ed):

*We will work to enhance all skills needed for every sport;
Coordination, Agility, Speed, Power, Balance, & Reaction.*

- **15 Total Sessions @ Cedar Creek Track**
- **\$375 (\$200 due June 1; \$175 due July 1)**
- **Venmo @William-Parkerson-1**
- **Shirt, Shorts, & Running Shoes (No Spikes)**
- **Bring Water**

For more information: wparkerson@cedarcreekschool.org